Essence: Sweet children, in order to become light of the sins of this birth, tell the Father the truth and

end your sins of the past with the fire of yoga.

Question: What one concern should you have in order to become God's helpers?

Answer: We have to stay on the pilgrimage of remembrance and definitely become pure. You need to

have the concern to become pure. This is the main subject. The children who become pure are the only ones who can become the Father's helpers. What would the Father do by Himself? This is why you children have to make the world pure and create the pure kingdom with your

own power of yoga by following shrimat. First make yourself pure.

Om shanti. You children definitely understand that you go to Baba to become refreshed. When you go to the centres at your own places, you cannot think in this way. It is in the intellect of you children that Baba is in Madhuban. The Father's murli continues for you children. You children understand that you come to Madhuban to listen to the murli. They have associated the murli with Krishna. The murli has no other meaning. You children have now understood very well. The Father has explained to you and you also feel that you truly had become very senseless. No one else understands the self to be like this. When they come here, they have faith in the intellect: Truly we had become very senseless. In the golden age, you were such sensible masters of the world. Fools can't become masters of the world. This Lakshmi and Narayan were the masters of the world. This is why they are worshipped on the path of devotion. Non-living images cannot say anything. People worship Shiv Baba, but does He say anything? Shiv Baba only comes once and speaks. Those who worship Him don't know that this One is the Father who speaks knowledge. They understand that Krishna played the flute. They don't know at all the *occupation* of the One they worship. So, that worship would be fruitless until the Father comes. Amongst you children, many of you have not studied any of the Vedas or scriptures etc. The one true Father is now teaching you. You truly understand that the One who teaches you the truth is only the one Father. The Father is called Truth. He tells you the true story to change from an ordinary man into Narayan. The meaning is fine. The true Father comes, but if you want to become Narayan from an ordinary man, then He would definitely have to establish the golden age, would He not? It would not be the old iron-aged world that is created. At the time of listening to the story it would not be in anyone's intellect that they will become Narayan from an ordinary man. You are now being taught Raja Yoga to change from an ordinary man into Narayan. This is not anything new. The Father says: I come and explain to you every cycle. How could I come in every age? You can show them the picture of Brahma and explain that this is the chariot. This is his last impure birth of many births and he is now becoming pure. We are also becoming pure. No one can become pure without the power of yoga. Sins cannot be absolved. No one can become pure by bathing in water. This is the fire of yoga. Water extinguishes fire, whereas fire burns. So, water is not a fire through which your sins can be absolved. This one has had the most gurus and he has also studied a lot of scriptures. He was like a pandit in this birth, but there was no benefit through that. People didn't become pure and charitable souls; they just continued to commit sin. The Father has explained: Those of you who consider yourselves to be children should tell Baba about the sins you have committed, as Baba is personally in front of you, and then that burden of sin will become light. You will become light in this birth. Then, you also have to make effort to remove the burden of sin of many births that is on your head. The Father is explaining to you about yoga. It is only through yoga that your sins will be absolved. Only at this time do you hear these things. No one can relate these things in the golden age. The whole drama is predestined. The whole drama continues to turn second by second. One second cannot be the same as the next. Your life-span also continues to decrease second by second. You are now applying a brake to your life-span being reduced and are increasing your life-span with yoga. You children now have to increase your life-span with the power of yoga. Baba emphasizes yoga a lot, but some don't understand at all. They say: Baba, I forget You. This is why Baba says: Yoga is not anything else. It is just the pilgrimage of remembrance. By remembering the Father your sins will be absolved. Your final thoughts will lead you to your destination. There is also an example about this. One person said to another: You are a buffalo. So, he began to consider himself to be a buffalo and when he was told to come out of a door, he said: How can I come out of this door, since I am a buffalo? It was as though

he truly had become a buffalo. That is just an example that they have made up. Otherwise, there is no one like that. That is not an accurate example. An example is always given based on something real. On the path of devotion people now celebrate festivals about the things that the Father explains to you at this time. They have so many melas etc., but whatever happens at this time is then made into a festival. You are becoming so clean here. People become so dirty at the melas. They rub mud on their body because they think that their sins will be erased. Baba has done all of that. The water in Nasik is very dirty. People go there and rub mud on themselves. They think that their sins will be absolved. Then, they use water to clean off that mud. When wealthy people would go abroad, they used to carry an urn of Ganges water and drink that in the steamer. Previously, there were no aeroplanes or motors etc. Look at all the things they have invented in the last 100 to 150 years. All of this science is useful at the beginning of the golden age. There, it doesn't take them long to build palaces etc. Your intellect is now becoming a divine intellect and so it will be able to do all the work easily. Just as you have cement bricks here, so you have gold bricks there. There is a story about Maya portraying this. (Bringing a gold brick from the subtle region). They just sat and made up a play to show that there truly are gold bricks in the golden age. That is called the *golden age*. This is called the *iron age*. Everyone remembers heaven. Their images exist all the time, and this is why they speak of the original eternal ancient religion. Then they speak of the Hindu religion. Because they become vicious they call themselves Hindus instead of deities. How could they be called deities? Wherever you go, you have to explain this because you are messengers. You have to give the Father's message to each and every one. Some will quickly understand that what you are saying is right and that you truly do have two fathers. Some would say that God is omnipresent. You understand that you receive a limited inheritance from one father and that you receive an unlimited inheritance from the parlokik Father for 21 births. You have this knowledge at this time. You don't have this knowledge there. Only at the confluence age do you receive this inheritance so that you are then able to rule the kingdom birth after birth for 21 generations. You become the masters of the world. You have this knowledge now. There is no question of those who have firm faith in the intellect having any doubts. You receive an unlimited inheritance from the unlimited Father. When Shiv Baba comes, He must surely give you an inheritance. This is why Baba says: This badge is very good. You must definitely wear it. You have to give this message to every home. Some will believe you and others will not. When destruction takes place, they will understand that God has come. Then, those to whom you gave the message will remember: Who were those angels dressed in white? You also see angels in the subtle region, do you not? You know that Mama and Baba become such angels with the power of yoga and so you can also become that. The Father enters this one and explains all of these things to you. He gives you knowledge directly. You children also have the knowledge in you that Baba has in Him. When you go up above, the part of knowledge ends, and you then play the part of happiness that you have received; and you also forget this knowledge. So, wherever you children go, you should always wear this badge as a sign of being a messenger. Even if others laugh at you, it doesn't matter. Why would they laugh at you since you are telling them right things? This One is the unlimited Father. His name is Shiv Baba. He is the Benefactor. He comes and establishes heaven. This is the most auspicious confluence age. You children have received all of this knowledge, and so why should you forget it? It is absolutely accurate. Whilst moving along, you have to remember the Father and your inheritance: the land of peace and the land of happiness. You children come here and go back having heard the murli, and you then also have to relate it to others. Brahmin teachers have to make others the same as themselves, for only then will they be able to benefit many. If one teacher goes away, then can't the other teacher run the centre? Is it that no knowledge has been imbibed? Students should have the interest to study and teach others. The murli is very easy. Anyone can imbibe knowledge and conduct class. The Father is sitting here. The Father says to the children: You must not have any doubts about anything. It is only the one Father who knows everything. You have just the one aim and objective. There is no need to ask questions about this. I sit and help you children on the pilgrimage of remembrance. I remember all the unlimited children. The whole world has to be made pure with the help of you children. It is in this that you give your finger. The whole world has to be made pure. So, the Father keeps an eye on all the children. All will go to the land of

peace. He draws everyone's attention. The Father would also be sitting in the unlimited. I have come to purify the whole world. I am giving a *current* to the whole world so that it becomes pure. Those who have the full power of yoga would understand that Baba is now sitting here and teaching the pilgrimage of remembrance through which there will be peace in the world. When children stay in remembrance, they receive help. Children who help are also needed. Only God's helpers who have faith in the intellect will remember the Father. Your first *subject* is to become pure. That is, you children become instruments with the Father. You call out to the Father: Oh Purifier, come! What would He do by Himself? He needs helpers. You know that you will purify the world and then rule the whole world. When you have such faith in your intellect you will have that intoxication. You children know that you are establishing your own kingdom for yourself with the power of your yoga by following the Father's shrimat. This intoxication should rise within you. This is something spiritual. You children know that every cycle Baba makes us into the masters of the world with spiritual power. You also understand that Shiv Baba comes and establishes heaven. You now just have the concern of this pilgrimage of remembrance on your head. You have to make effort. Whilst doing your business etc., stay on the pilgrimage of remembrance. The Father inspires you to earn a huge income in order for you to become ever-healthy. You now have to forget everything. We souls are now going back. You are made to practise being soul conscious. Whilst eating, drinking, walking and moving around, can you not remember the Father? Whilst sewing clothes, your intellect's yoga should be connected to the Father. This is very easy. You understand that the cycle of 84 births has now ended. The Father has now come to teach us souls Raja Yoga. This world history and geography continue to repeat. The same thing happened in the previous cycle too. It is being repeated now. Only the Father explains to you the secrets of this repetition. Each one has received a part in the drama which each one continues to play. Children are given advice: Remember the Father and you will become satopradhan. Then, this body will be shed. You souls now have it in your intellect that you have to become satopradhan because you now have to return home. You would not say this in the golden age. There, you would say: You have to shed one old body and take another. There, there is no question of sorrow. Here, this is the land of sorrow. It is an old body, and so you understand that you have to shed it and return home. You have to remember the Father constantly. That Incorporeal Father alone is the Ocean of Knowledge. Only He comes and grants everyone salvation. The Father says: I also uplift the sages. You now have to have yoga with the one Father. All of you souls have a right to claim your inheritance from the one Father. Consider yourselves to be souls and become soul conscious and constantly remember the Father and your sins will continue to be absolved. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

- 1. Listen to the murli and then relate it to others. As well as studying, also teach others. Become benefactors. Your *badge* is a sign of being a *messenger*, so always wear your badge.
- 2. In order to establish peace in the world, stay on the pilgrimage of remembrance. Just as the Father's vision is in the unlimited and He gives a *current* to make the whole world pure, so too, follow the Father and become His helper.
- **Blessing:** May you be a true server who ends the wasteful *vibrations* with the power of pure and powerful thoughts.

It is said that your thoughts can create a world. When you have weak and wasteful thoughts, an atmosphere of waste is created. True servers are those who end old *vibrations* with their pure and powerful thoughts. Just as *scientists* destroy weapons with weapons, and they use an aeroplane to make another crash, in the same way, the *vibrations* of your pure and powerful thoughts end wasteful *vibrations*. Now do such service.

Slogan: Become free from the subtle golden threads of obstacles and celebrate the year of liberation.